

BHARATIYA VIDYA BHAVAN ,KOCHI			
YEAR PLAN FOR THE ACADEMIC YEAR 2026-27			
MUSIC			
CLASS IV			
MONTH	TOPIC	SUB-TOPICS	CONCEPTS
JUNE	Saralivarisha	Saralivarisha - 11	Sarali Varisai in Carnatic music is a basic exercise for beginners, teaching note patterns, pitch, and voice control. It consists of simple ascending and descending note sequences, helping to build a strong foundation in music.
JULY		Saralivarisha - 12	
AUGUST		Saralivarisha - 13	
SEPTEMBER		Saralivarisha - 14	
OCTOBER		Saralivarisha - 15	
NOVEMBER	Madhyasthayi Varisha	Madhyasthayi Varisha -1	Madhya Sthayi Varisai is an intermediate-level exercise in Carnatic music focusing on note patterns within the middle octave range, refining pitch accuracy, vocal control, and preparing students for more complex compositions.
DECEMBER		Madhyasthayi Varisha -2	
JANUARY		Madhyasthayi Varisha -3	
FEBRUARY		Madhyasthayi Varisha -4	
MARCH		Madhyasthayi Varisha -5	